

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 3

DISTRICT										
SCHOOL										
LEARNER SURNAME										
LEARNER NAME/S										
DATE OF BIRTH	Year					Month		Day		
DURATION	Staggered									

LEVEL DESCRIPTORS	Not Achieved 1	Elementary 2	Moderate 3	Adequate 4	Substantial 5	Meritorious 6	Outstanding 7
	0 – 29	30 – 39	40 – 49	50 – 59	60 – 69	70 –79	80 – 100

	Study Areas	Learner Mark	Marks
1	Beginning Knowledge Personal and Social Well-Being		40
2	Visual Arts		15
3	Performing Arts		15
4	Physical Education		30
	TOTAL		100

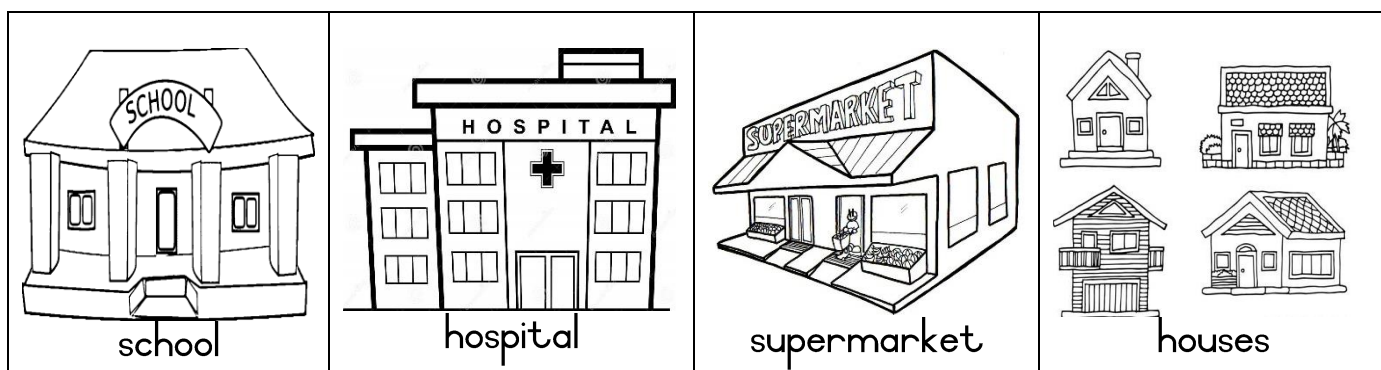
Life Skills Assessment Task
Term 3 Grade 1

Learner Name _____ Date _____

Study Area: Beginning Knowledge, Personal and Social Well-Being

Topic: My Community, Pets, Manners and Responsibilities.

Activity 1: a. Use the pictures and fill in the words to complete the sentences.



- i. I broke my arm and went to the _____.
- ii. We buy food at the _____.
- iii. We learn many new things at the _____.
- iv. There are many _____ in my community.

4 marks

Activity 2: Use the word bank below to complete the sentence.

community	public services	fire station	library	bank	police station
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- i. A place where people live, work, and play is called a _____.
- ii. The firefighter works at a _____.
- iii. The librarians work at the _____.

iv. All communities have _____ for everyone to use.

v. We can find police officers in this place_____.

vi. A place where we deposit and draw money _____.

6 marks

Activity 3: a. Answer true or false about pets.

Statement	true	false
i. Pets should have enough food and water.		
ii. Hitting dogs with a stick.		
iii. We do not take care of pets.		
iv. Pets need to be taken to a vet when they are sick.		

4 marks

b. List any two types of pets.

2 marks

Activity 4: Write if it is a good or bad manner next to the statement.

i. Wait your turn and let others go first.	
ii. Do not greet people.	
iii. Respect other people and what belongs to them.	
iv. I do not share with my friends.	

4 marks

20 Marks

Life Skills Assessment Task Term 3

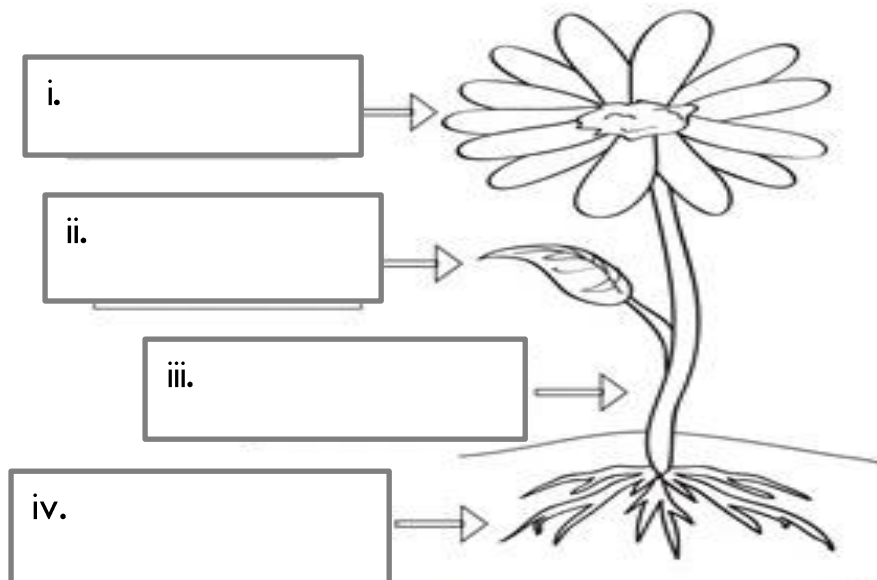
Learner Name _____ Date _____

Study Area: Beginning Knowledge Personal and Social Well-being

Topic: Plants, Seeds, and Food.

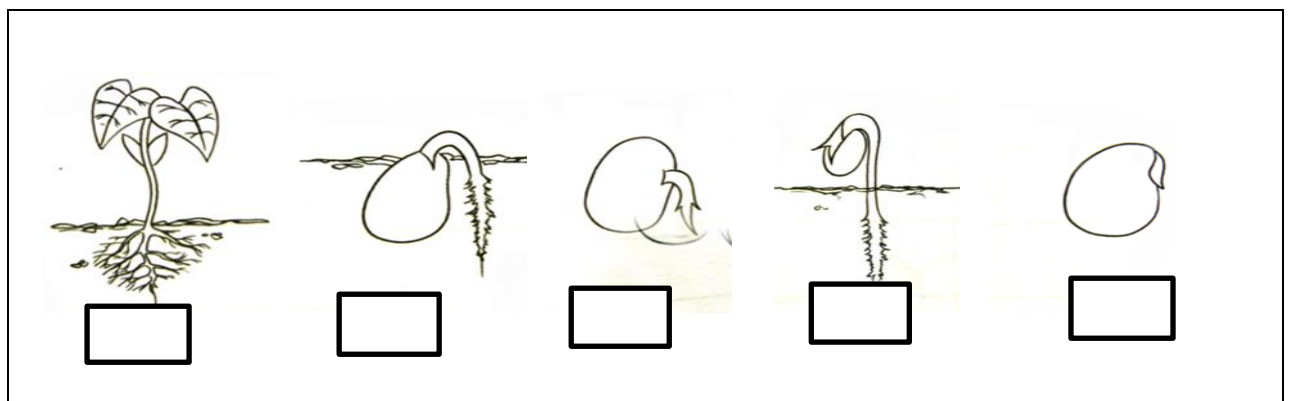
Activity 5: a. List the four parts of the plant using the word bank below.

stem	roots	leaf	flower
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4 marks

b. Sequence these pictures from 1-5 to show the correct order.



1 mark

c. Use the following word bank below to complete the sentences.

fruit	plants	seeds	soil	water	roots
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- i. Cover the seeds with _____.
- ii. Seeds grow into _____.
- iii. Some plants carry _____.
- iv. Some fruit has _____ inside.
- v. Seeds need light and _____ to grow into plants.
- vi. The _____ anchors the plants into the soil.

6 marks

Activity 6:

a. Circle the correct answer.

i. What is food?

- A. Something we eat
- B. Something we play with
- C. Something that is an artifact

ii. What should we avoid eating to remain healthy?

- A. milk
- B. sweets
- C. fruits

iii. Which one of these is best in a healthy diet?

- A. doughnuts
- B. vegetables
- C. Chips

iv. Food that is not fresh is called _____.

- A. staple food
- B. sample food
- C. stale food

v. Where do we store frozen food?

- A. freezer
- B. draw
- C. cupboard
- D. basket

5 marks

b. Write 2 sentences about your favourite food.

2 marks

c. Write 2 sentences about your least favourite food.

2 marks

20 Marks

TOTAL: 40 marks

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date: _____

Study Area: Creative Arts - Visual Arts.

Activity 7: Create 3D

Learners make drawings or paintings of real or imaginary creatures like Pets, focussing on line, shape and colour with added detail.

Resources: A3 or A4 paper, coloured pencils, pastels, etc.

• Rubric - Visual Arts

Mark Allocation				15 marks	
1-3 marks	4-6 marks	7-9 marks	10-12 marks	13-15 marks	Learner mark
The learner's drawing or painting is not inclusive of line and shape	The learner draws or paints using some shape	The learner draws or paints using some line and shape	The learner draws or paints using lines, shapes, and colour	The learner draws or paints with a border and background features, e.g. fully coloured	
Total					/15

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date: _____

Study Area: Creative Arts - Performing Arts.

Activity 8: Movement Sentences

Learners perform mime actions showing emotions using visualisation, such as eating my favourite food.

The focus is on miming.



Criteria	Mark allocation	Learner mark
Shows and expresses various feelings without saying a word.	3	
The learner executes the performance	3	
The learner is able to perform the rhythmical patterns	3	
The learner is confident	2	
The learner is able to demonstrate the movement described	4	
Total	15 Marks	

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date: _____

Study Area: Physical Education:

Activity 8: Learners participate in an obstacle course safely, climbing on, over, hanging onto bars, and balancing.

Rubric - Physical Education

Mark Allocation				30 marks
1-9 marks	10- 18 marks	19-25 marks	26-30 marks	Learner mark
The Learner understands the instructions partly but is unable to perform the activity in its entire form.	The Learner understands the instructions sometimes but is unable to perform the activity in its entire form	The Learner understands the instructions and performs the activity in its entire form with focus and endurance.	The Learner understands the instructions and performs the activity in its entire form with focus, endurance and enjoyment.	
Total				/30

Life Skills Assessment Task

Term 3 Grade 1

Memorandum

Activity 1	Expected Answer	Marks	Total
a.	i. hospital		4
	ii. supermarket		
	iii. school		
	iv. houses		
Activity 2	i. community		6
	ii. fire station		
	iii. library		
	iv. public services		
	v. police station		
	vi. bank		
Activity 3	i. true		4
a	ii. false		
	iii. false		
	iv. true		
b.	Any two pets such as a dog, cat, fish, hamster, bird		2
Activity 4	i. good		4
	ii. bad		
	iii. good		
	iv. bad		
Activity 5 a.	i. flower		4
	ii. leaf		
	iii. stem		
	iv. leaf		
b.			

	 2		1
	 3		
	 4		
	 5		
c.	i. soil		6
	ii. plants		
	iii. fruit		
	iv. seeds		
	v. water		
	vi. roots		
Activity 6	i. A		5
a.	ii. B		
	iii. B		
	iv. C		
	v. A		
b.	Any appropriate answer	2	4
c.	Any appropriate answer	2	
Total			40