

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 3

DISTRICT										
SCHOOL										
LEARNER SURNAME										
LEARNER NAME/S										
DATE OF BIRTH	Year					Month		Day		
DURATION	Staggered									

LEVEL DESCRIPTORS	Not Achieved 1	Elementary 2	Moderate 3	Adequate 4	Substantial 5	Meritorious 6	Outstanding 7
	0 – 29	30 – 39	40 – 49	50 – 59	60 – 69	70 – 79	80 – 100

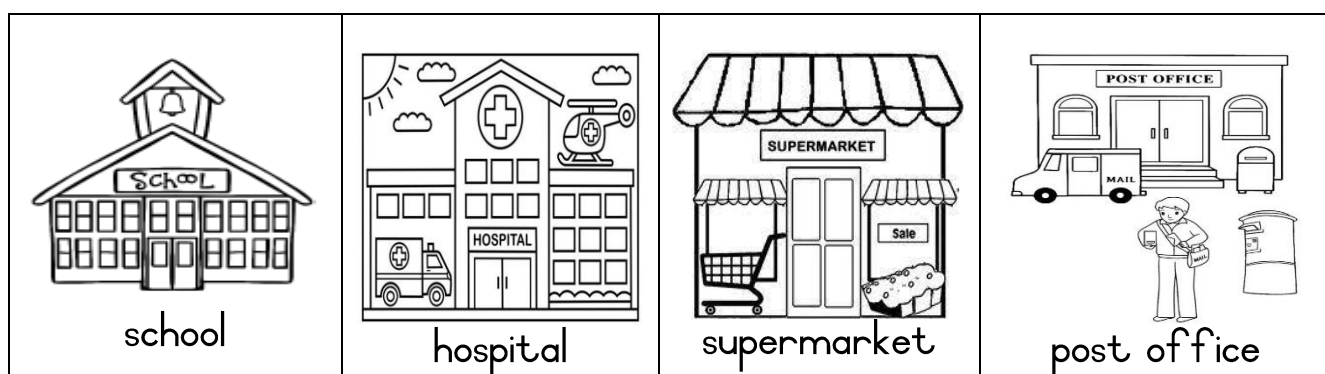
		Learner mark	Marks
1	Beginning Knowledge Personal and Social Well-Being		40
2	Visual Arts		15
3	Performing Arts		15
4	Physical Education		30
	TOTAL		100

Life Skills Assessment Task
Term 3 Grade 1

Learner Name _____ Date _____

Study Area: Beginning Knowledge, Personal and Social Well-Being

Activity 1: Use the pictures and fill in the words to complete the sentences.



- i. I broke my arm and went to the _____.
- ii. We buy food at the _____.
- iii. We learn many new things at the _____.
- iv. Letters and parcels are mailed at the _____.

4 marks

Activity 2: Circle the correct answer.

- i. The doctor looks after
 - A. healthy people
 - B. sick people
 - C. tall people
 - D. short people
- ii. A firefighter _____
 - A. puts out fires
 - B. delivers mail

- C. looks after sick people
- D. keeps the community safe

iii. Who works at a school?

- A. baker
- B. police officers
- C. firefighters
- D. teachers

vi. A place where people live and work together is called a ____.

- A. school
- B. church
- C. community
- D. airport

4 marks

Activity 3: Match the pictures to the correct sentences, how to look after pets.

4 marks

	Give love and attention.
	Take it to the vet when it is ill.
	A warm and dry place to sleep.
	Give food and water.

b. List any two types of pets.

_____ 2 marks

Activity 4: Complete the following sentences using the word bank below.

respect	listen	share
thank you	greet	please

i. We must always _____ people.

ii. You should show _____ to other people

iii. We must _____ with others.

iv. We must _____ to others.

v. When you receive a gift from someone you should say
_____.

vi. We say _____ when we want something.

6 marks

20 Marks

Life Skills Assessment Task Term 3

Learner Name _____ Grade _____ Date _____

Study Area: Beginning Knowledge Personal and Social Well-being

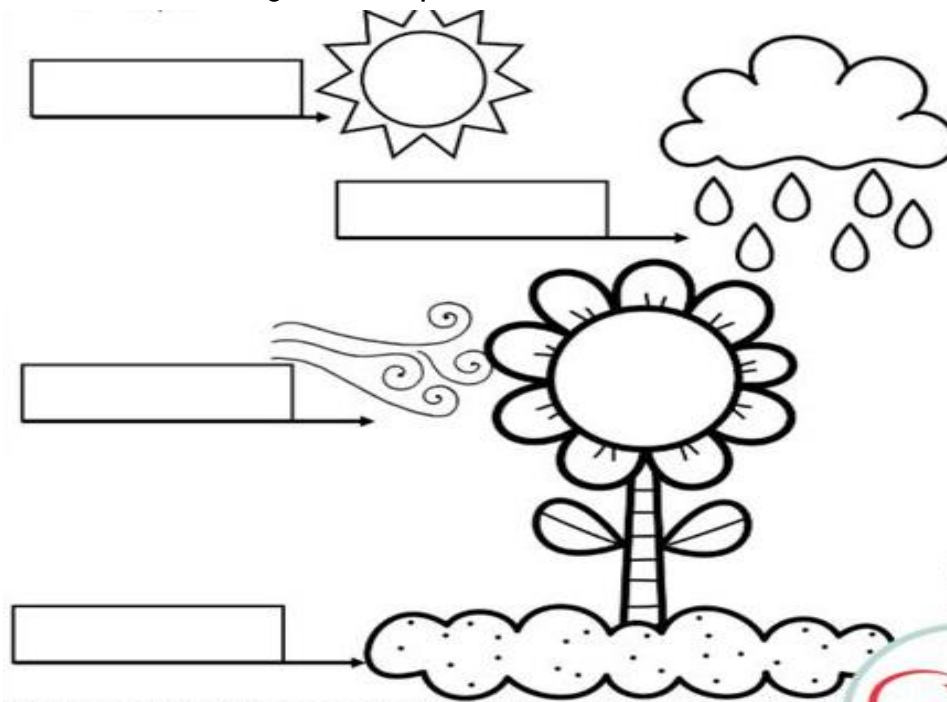
Topic: Plants, Seeds, and Food.

Activity 5:

a. List the four parts of the plant.

4 marks

b. List the four things that plants need to live.



4 marks

c. Use the following word bank below to answer the questions.

stem	roots	seeds	fruit
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i. How does a plant start?

ii. What holds plants in the ground?

iii. What transports water to the leaves?

v. What tastes sweet that people like to eat?

4 marks

Activity 6:

a. State whether the following is true or false

Number	Statement	true	false
1.	It is healthy to eat plenty of sweets Protein makes my bones and muscles strong		
2.	My body needs to be dirty to be healthy		
3.	If we live in a healthy way, we can fight off sickness.		
4.	Exercise is bad for my body		
5.	It is healthy to eat plenty of sweets		
6.	Healthy food with plenty of sleep will give my body the goodness it needs		

6 marks

b. Write 1 sentence about your favourite food.

1 mark

c. Write 1 sentence about your least favourite food.

1 mark

20 Marks

TOTAL: 40 marks

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date _____

Study Area: Creative Arts - Visual Arts.

Activity 7: Create 3D

The learner makes sculpturing models of "Pets" with recycled material emphasising the appropriate use of materials.

Resources: Recycled material, paint, glue etc.

• Rubric - Visual Arts

Mark Allocation				15 marks	
1-3 marks	4-6 marks	7-9 marks	10- 12 marks	13-15 marks	Learner mark
The learner's sculpture of the pet lacks detail. All the proportions are irrelevant. The colours are insufficient and incomplete.	The learner's sculpture of the pet has minimal details. All the proportions are irrelevant. Colours are inequivalent to the correct animal.	The learner's sculpture of the pet is created with sufficient detail. Some of the proportions are relevant. A few colours are equivalent to the correct animal.	The learner's sculpture of the pet is detailed. All the proportions are relevant. Some colours are equivalent to the correct animal.	The learner's sculpture of the pet is unique and expressively detailed. Colours are equivalent to the correct animal.	
Total					/15

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date: _____

Study Area: Creative Arts - Performing Arts.

Activity 8: Movement Sentences

Make your own movement sentences to interpret any topic with a beginning and an ending.

Rubric- Performing Arts

Mark Allocation			15 marks	
0-4 marks	5-7 marks	8- 10 marks	11 -15 marks	Learner mark
The learner demonstrates no knowledge of movement; falls behind often throughout the movement. Shows no attention to details of the movement and demonstrates little knowledge of movement.	The learner demonstrates some knowledge of movement, and performance has many errors. Has some knowledge of rhythm and timing, but speeds up/and or slows down many times throughout the movement.	The learner demonstrates some knowledge of movement and performs with few errors; shows an understanding of rhythm and timing by staying on beat throughout most of the movement. Performed with attention to	The learner demonstrates excellent knowledge and performs movement free of errors. Shows a full understanding of rhythm and timing by staying on beat for the entire movement. Great attention to the quality of	

	Performed with little attention to details of movement.	detail and shows proficiency in movement.	movement, and body position, and demonstrates an excellent understanding of the movement.	
Total				/15

Life Skills Assessment Task

Grade 1 Term 3

Learner Name: _____ Date: _____

Study Area: Physical Education:

Activity 8: Learners participate in an obstacle course safely, climbing on, over, hanging onto bars and balancing.

Rubric - Physical Education

Mark Allocation				30 marks
1-9 marks	10- 18 marks	19-25 marks	26-30 marks	Learner mark
The Learner understands the instructions partly but is unable to perform the activity in its entire form.	The Learner understands the instructions sometimes but is unable to perform the activity in its entire form	The Learner understands the instructions and performs the activity in its entire form with focus and endurance.	The Learner understands the instructions and performs the activity in its entire form with focus, endurance and enjoyment.	
Total				/30

Life Skills Assessment Task

Term 3 Grade 1

Memorandum

Activity 1	Expected Answer	Marks	Total
	i. hospital		4
	ii. supermarket		
	iii. school		
	iv. post office		
Activity 2	i. B		4
	ii. A		
	iii. D		
	iv. C		
Activity 3 a.		Give love and attention.	4
		Take it to the vet when it is ill.	
		A warm and dry place to sleep.	
		Give food and water.	

	b.	dog, cat, fish, hamster, bird		2
Activity 4	i.	greet		6
	ii.	respect		
	iii.	share		
	iv.	listen		
	v.	thank you		
	iv.	please		
Activity 5	a.	root		4
		stem		
		leaves		
		flowers		
	b.	sun		4
		water		
		air		
		soil		
	c.	i. seeds		4
		ii. roots		
		iii. stem		
		iv. fruit		
Activity 6	a.	1. true 2. false 3.true 4. false 5. false 6. true		6
	b.	Own appropriate answer. Ignore spelling and grammatical errors.		2
	c.	Own appropriate answer. Ignore spelling and grammatical errors.		
Total				40