

LIFE SKILLS ENGLISH GRADE 1 TERM 2

DISTRICT												
SCHOOL												
LEARNER SURNAME												
LEARNER NAMES												
DATE OF BIRTH	Year						Month			Day		
DURATION	Staggered											

LEVEL DESCRIPTORS	Not achieved 1	Elementary 2	Moderate 3	Adequate 4	Substantial 5	Meritorious 6	Outstanding 7
	0 – 29	30 – 39	40 – 49	50 – 59	60 – 69	70 –79	80-100

		Learner mark	Marks
1	Beginning Knowledge, Personal and Social Well-Being		40
2	Visual Arts		15
3	Performing Arts		15
4	Physical Education		30
	TOTAL		100

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 2

Learner Name: _____ Grade ____ Date: _____

Study Area: Beginning Knowledge, Personal and Social Well-Being
Topic-My Family

Activity 1

- a. Complete the sentences of the family members indicated in the picture using the word box below.

parents	members	grandmother	family	grandfather	siblings
---------	---------	-------------	--------	-------------	----------



1. Our mother and father are known as our _____.
2. Our brothers and sisters are our _____.
3. My mothers father is my _____.
4. My fathers mother is my _____.
5. We live with our parents as a _____.
6. We should love all our family _____.

6 marks

- b. Answer the following questions by using "yes" or "no".

1. My family cares for me _____.
2. I fight with my brother and sister _____.

3. I do not help with chores at home _____.

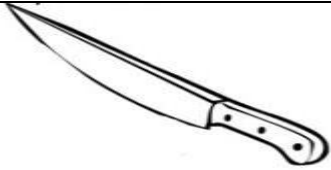
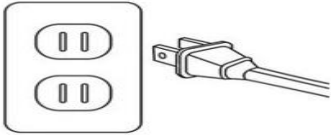
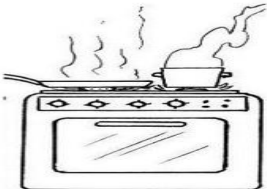
4. I have to keep my room clean _____.

4 marks

Topic: Safety in the home

Activity 2

a. Match the safety measures at home to the correct picture.

Do not play with matches.	
Do not touch medicines.	
Do not play with sharp objects.	
Do not touch electrical plugs with wet hands.	
Do not touch a hot stove.	

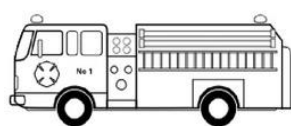
5 marks

b. Fill in the relevant emergency numbers to the correct sentences using the box below.

999
10177
10111



1. The telephone number is_____.



2. The telephone number is_____.



3. The telephone number is_____.

3 marks

c. Tick if it is safe or unsafe in the following statements below.

✓ If it is safe or unsafe	safe	unsafe
1. Play near a swimming pool when an adult is present.		
2. Answer the door or let strangers into the house when you are home alone.		

2 marks

Total 20 marks

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 2

Learner Name: _____ Grade ____ Date: _____

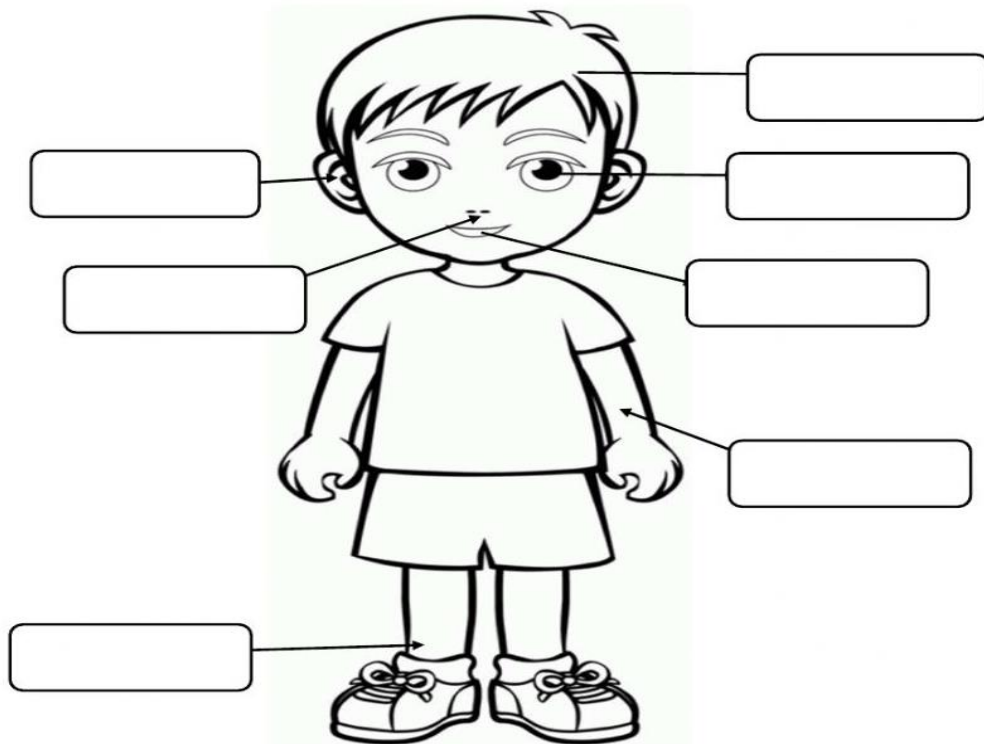
Study Area: Beginning Knowledge, Personal and Social Well-Being

Activity 3

Topic: My Body

a. Label the body parts using the words from the box below.

arm	leg	ear	nose	eye	mouth	head
-----	-----	-----	------	-----	-------	------



7 marks

b. Circle the correct words to complete the sentences.

1. Our legs/hands help us to write.
2. Our nose/legs help us to walk.
3. We have two/five senses.

3 marks

c. Fill in the missing words.

1. I use my eyes to _____.

2. I use my ears to _____.

3. I use my tongue to _____.

4. I use my nose to _____.

4 marks

Activity 4

Answer Yes or No Feeling

		
a. Walk away when a stranger wants to give you sweets.		
		
		
c. A stranger asks you to help find his pet.		

3 marks

Activity 5

Choose the correct words from the column below to complete the sentences.

boil	gloves	adult	cover	play
------	--------	-------	-------	------

1. We must always _____our mouth when we cough or sneeze.
2. Always use _____ when or before you touch any blood.
3. _____ water to make it safe to drink.

3 marks

Total 20 marks

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 2

Name: _____ Grade: _____ Date: _____

Study Area: Creative Arts - Visual Arts.

Activity 6: Create 3D

Learner draws self with family where they are involved in an activity.

Resources

- A3 paper
- Colour pencils, crayons

• Rubric - Visual Arts

Mark Allocation				15 marks	
1-3 marks	4-6 marks	7-9 marks	10- 12 marks	13-15 marks	Learner mark
The learner struggles to draw self and the family involved in an activity	The learner only draws her/himself and did not colour the drawing	The learner minimally draws the family involved in an activity and is partially coloured	The learner successfully draws the family involved in an activity and is fully coloured	The learner creatively draws the family involved in an activity and is fully coloured	
Total					/15

LIFE SKILLS ASSESSMENT TASK

GRADE 1 TERM 2

Name: _____ Grade: _____ Date: _____

Study Area: Creative Arts: Performing Arts

Activity 7: Focus on song singing.

Learners will sing the song "Head and shoulders" using contrast fast and slow, soft and loud, and touch the different parts of the body while singing.

Rubric - Performing Arts

Mark Allocation					15 marks
1-3 marks	4-6 marks	7-9 marks	10- 12 marks	13-15 marks	Learner mark
The learner is able to sing the song but is unable to touch the body parts.	The learner can only sing the song loud but is unable to touch the body parts.	The learner can only sing the song loud, soft, and is able to touch some of the body parts.	The learner can sing the song loud, soft, slow, and fast and is able to touch most of the body parts.	The learner can sing the song loud, soft, slow, and fast and is able to touch all the body parts.	
Total					/15

LIFE SKILLS- ASSESSMENT TASK

GRADE 1 TERM 2

Name: _____ Grade: _____ Date: _____

Study Area: Physical Education:

Activity 8: Perceptual Skills: Ball skills- Learners pass a ball over their heads, under their legs while standing in a straight line.

Throw a ball, bounce, and catch with a partner.

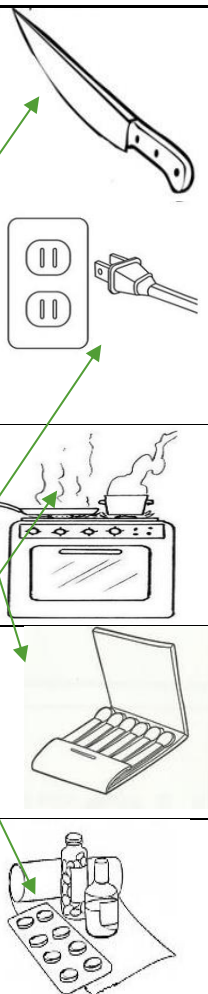
• Rubric - Physical Education

Mark Allocation				30 marks
1-9 marks	10- 18 marks	19-25 marks	26-30 marks	Learner mark
The learner can pass a ball overhead, under legs, but cannot throw, bounce, and catch a ball	The learner can pass a ball overhead, under legs, throw, bounce, and catch a ball with moderate confidence	The learner can pass a ball overhead, under legs, throw and bounce, but catch a ball with adequate confidence	The learner can pass the ball overhead, under legs, throw, bounce, and catch a ball with exceptional confidence	
Total				/30

MEMORANDUM: FOR LIFE ASSESSMENT TASKS

GRADE 1 TERM 2

Beginning Knowledge, Personal and Social Wellbeing.

Activity I a.	Expected Answers	Marks	Total	
	1. parents	1	6 marks	
	2. siblings	1		
	3. grandfather	1		
	4. grandmother	1		
	5. family	1		
	6. members	1		
b.	1. yes 2. no 3. no 4. yes		4 marks	
Activity 2 a.				
	Do not play with matches.			
	Do not touch medicines.		5 marks	
	Do not play with sharp objects.			
	Do not touch electrical plugs with wet hands.			
	Do not touch a hot stove.			

b.	i. police = 10111 ii. ambulance = 10177 iii. Fire- brigade = 999		3 marks
c.	1. safe		2 marks
	2. unsafe		
Activity 3 a.			
	head		7 marks
	eye		
	ear		
	nose		
	mouth		
	arm		
	leg		
b.	1. hands		3 marks
	2. legs		
	3. five		
c.	1. see		4 marks
	2. hear		
	3. taste		
	4. smell		
Activity 4			
	1. yes		3 marks
	2. yes		
	3. no		
Activity 5			
	1. cover		3 marks
	2. gloves		
	3. boil		
Total			40 marks