



KWAZULU-NATAL PROVINCE
EDUCATION
 REPUBLIC OF SOUTH AFRICA

LIFE ORIENTATION

GRADE 10

2025

TERM 3 PROJECT QUESTION PAPER

QUESTION PAPER

NAME OF LEARNER	
NAME OF SCHOOL	
GRADE	

MARKS: 90

DURATION: 2 WEEKS

EXAMINERS: ZF NTULI / TT NDI MANDE

THIS QUESTION PAPER CONSISTS OF 5 PAGES.

INSTRUCTIONS:

- **Research, collect resources and information outside the class time.**
- **Answer all questions carefully.**
- **Number the questions correctly to the numbering system used in this question paper.**
- **Write neatly and legibly.**

LIFE ORIENTATION GRADE 10

FORMAL ASSESSMENT TASK 3: PROJECT TERM 3

TOPIC	DEVELOPMENT OF SELF IN SOCIETY CAREER AND CAREER CHOICES
SUB TOPICS	▪ LIFE ROLES ▪ CHANGE FROM ADOLESCENCE TO ADULTHOOD. ▪ BEHAVIOUR THAT CAN LEAD TO TEENAGE PREGNANCY. ▪ ECONOMIC SECTORS
PURPOSE	▪ Create awareness among learners about behaviour that could lead towards teenage pregnancy and the consequences thereof. ▪ Making learners aware about life roles and how they change as they grow into adulthood. ▪ Helping learners to choose careers taking into consideration economic sectors.
DURATION	2 Weeks
MARKS	Cover page = 1 Table of content = 2 Bibliography = 2 Activity 1 = 42 Activity 2 = 43 Total = 90

GENERAL INSTRUCTIONS

1. Your project must have a cover page, table of content and bibliography.
2. A table of contents, wherein the **main headings** are written in **capital letters** and the **sub-headings in small letters**. Additionally, page numbers should relate with the contents of the project. Page numbers should be on the right-hand side.
3. Mark allocation guides you on the length of your answer.
4. Your project must be bound or stapled.
5. Use examples to support illustrated points.
6. Sources must be used to complete this project. Used sources must be acknowledged.
7. Stick to the instructions above.
8. Stick to the submission date.

ACTIVITY 1: DEVELOPMENT OF THE SELF IN SOCIETY

- 1.1 Define the following concepts:
 - Life roles
 - Peer pressure
 - Hormones
 - Assertiveness
 (4x2=8)
- 1.2 Mention any **FOUR** life roles and include your responsibilities towards your relationships with other people.
(4x2=8)
- 1.3 Write a paragraph explaining how a person's life roles can change because of circumstances.
(2x2=4)

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1.4 INVESTIGATION

Do research (textbooks, notes, magazines, internet sources, articles etc.) to answer the following questions.

- 1.4.1 Define the term 'teenage pregnancy'. (2X1=2)
- 1.4.2 Discuss **ONE** consequence of teenage pregnancy on:
 - The individual.
 - The parents of the teenage mother.
 (2X2=4)
- 1.4.3 Explain how each of the following factors could encourage teenage pregnancy which leads to early parenthood:
 - Peer pressure
 - Social grants
 - Culture
 (3x2=6)

1.4.4 Critically discuss **FIVE** religious factors that may have a positive impact on the prevention of teenage pregnancy. (2x5=10)

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SUB TOTAL: [42]

ACTIVITY 2: DEVELOPMENT OF THE SELF IN SOCIETY

2.1 Changes from adolescence to adulthood

2.1.1 As you become an adult, it is not only your roles that change. You also experience changes that show you are becoming an adult. Discuss the following changes:

- Physical changes
- Emotional changes
- Social changes

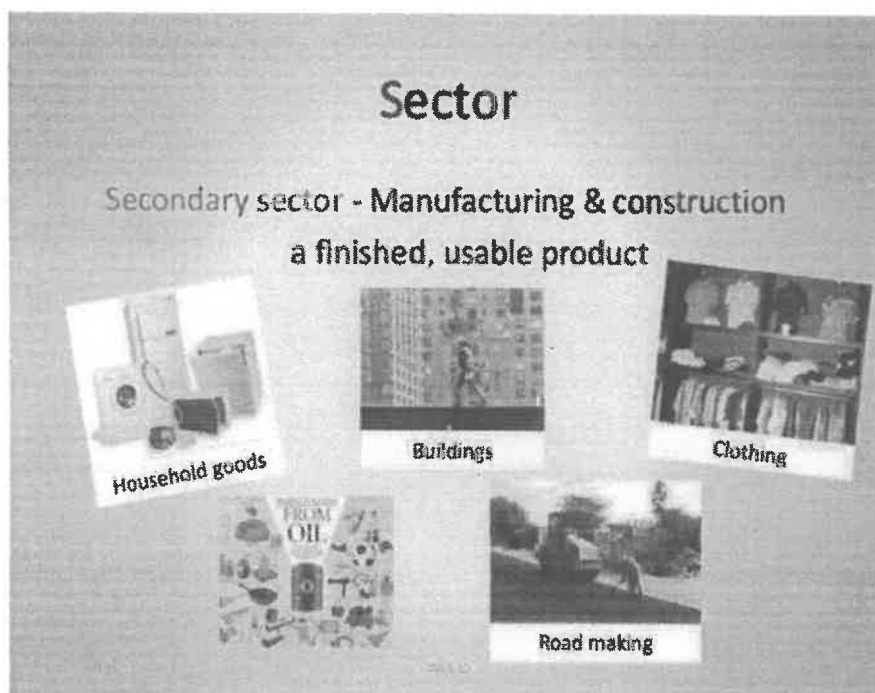
(3x3=9)

2.1.2 PHYSICAL AND EMOTIONAL CHANGE

Not all changes are **negative**. Write a paragraph on the **positive** and good emotions you experience when your body change into adolescence. (8)

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2.2 CAREER AND CAREER CHOICES



2.2.1 Explain the following concepts:

- Career
- Abilities
- Economic sector (2x3=6)

2.2.2 Name and discuss these **THREE** economic sectors. (3x3=9)

2.2.3 Name **THREE** examples of careers and explain their workplace environment.

(3x3=9)

2.2.4 What did you learn from doing this project. (2)

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SUB-TOTAL [43]

BIBLIOGRAPHY

Use the Harvard method of referencing to indicate all the sources you have used to complete the project.

EXAMPLE: LIST OF REFERENCES

The sources must be presented as follows: e.g.:

From a book

- Mokoena, T.T.P. 2020. Life orientation policy. *The curriculum and assessment policy*. Department of Basic Education. Pretoria (**place**). South Africa (**country**).

From a newspaper:

- City Press. 2020. The name of the title. **Place** of publishing (or **institute**). **Country**

From the internet:

- The name of the publisher (Nsimbini, M. 2020.) The name or topic of the article (Global warming). **Place**. **Country**. The website and the date on which it was accessed.

Nsimbini, M. 2020. City Press. The effects of global warming in Sub-Saharan Africa. Johannesburg (**Place**). South Africa (**Country**)
<http://www.mosesnsimbini.org.za>
 (Accessed: 23. March.2020)

GRAND TOTAL: 90