



LIMPOPO
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
EDUCATION

VHEMBE EAST DISTRICT

COMMON ASSESSMENT TASK

GRADE 8

LIFE ORIENTATION

MARCH 2023

MARKS: 70
TIME: 1 HOUR

This Question paper consists of 4 pages including the cover page.

INSTRUCTIONS:

1. Read the questions carefully before you answer.
2. Number your questions correctly.
3. Write neatly and clearly

SECTION A**TOTAL MARKS: 25****Question 1.****Choose the correct answer given below:**

- 1.1. The idea you form about yourself based on certain information is called _____ (1)
- a. peer pressure
 - b. relationship
 - c. self-concept
- 1.2. When you are encouraged to do something by your own interest and enthusiasm without pressure from others is called _____ (1)
- a. self- motivation
 - b. self-concept
 - c. self-behavior
- 1.3. The following are the examples of media. (1)
- a. Television and community
 - b. Community and magazine
 - c. Magazine and television
- 1.4. People of the same age. _____ (1)
- a. brothers
 - b. friendship
 - c. peers
- 1.5. The reactions and comment from people is called _____ (1)
- a. isolation
 - b. feedback
 - c. neighbourhood

(5)**Question 2**

Write whether the following statements are True or False.

- 2.1. Community is a group of people living together in one place. _____ (1)
- 2.2. Role models are people who inspire others. _____ (1)
- 2.3. Religion refers to a group of people with common characters. _____ (1)
- 2.4. Hormones their ability for sexual feelings. _____ (1)
- 2.5. Teenagers develop sexual feelings when they go through puberty. _____ (1)

(5)**Question 3.**

Match the statements in column A with the concept (s) or skills in column B. Write

only the number and the letter of correct answer. E.g. 3.6. G (5)

Column A	Column B
3.1. It likes movement and can concentrate best when doing something.	A) Conflict
3.2. the best way to prevent STI and pregnancy	B) Relationship at home
3.3. Can lead to low self - esteem.	C) Kinesthetic learner
3.4. They become a valuable source of support.	D) Abstinence
3.5. It can end relationship.	E) Negative self-talk.
	F) Sexuality

(5)

Question 4

Define the following concept:-

- 4.1. Self- concept
- 4.2. Assertiveness
- 4.3. Ambitious
- 4.4. Role-module
- 4.5. Romantic relationship:

(10)

SECTION B TOTAL MARKS: 25

Question 5

Create a mind map on an A4 page about seven (7) factors that influence self-concept formation. Follow the guidelines given.

- 5.1 Make the mind map in the Centre of your mind map. Self-concept (1)
- 5.2 Create your mind map by placing or writing the seven factors around the Centre. (7)
- 5.3 Give an example in your own life of either a positive or a negative influence each of the factors has/had on your own self-concept. (7)
- 5.4 State a personal goal you have for this year that is specific and measurable. (2)
- 5.5 Identify a potential of yourself. (1)
- 5.6 Suggest a strategy or skill you will use to develop the potential identified in question 5.5 (2)
- 5.7 Mention five decision making steps. (5)

SECTION C**TOTAL MARKS: 20****Choose any two questions from the three below:****Question 6****(10 marks)**

Read the extract and answer the questions:

What factors affects a person's sexuality?

Your sexuality is a natural drive that's with you from birth, but your family, your culture, your religious background, the media, and your peers shape your attitude towards sex. As you become an adult, your own experiences further influence your sexuality. The result for many is a healthy enjoyment of sex, but others may have more mixed feelings.

- 6.1. Identify two aspects of sexuality. (2)
- 6.2. Explain the link between self-image and sexuality. (2)
- 6.3. Name three social pressures that impact on sexuality. (6)

Question 7

- 7.1 Discuss five ways in which you can sustain a relationship (10 Marks)

Question 8

- 8.1 You have moved to a new school. You do not know anyone and you need to have a friend. Explain 5 ways to initiate friendship with the people of your age. (10 Marks)