

Grade 6 Life Skills

November Examination

Name: _____

Date: _____

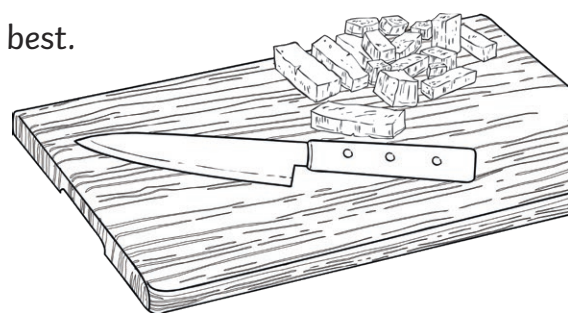
Class: _____

Total: _____ / 60

Time: 70 minutes

Instructions

1. This paper is made up of 3 sections. All sections are compulsory. Do not skip one.
2. Answer **all** questions on the question paper.
3. Answer in **full sentences** wherever possible.
4. Use the number of marks as a guide to the detail needed in your answer.
5. Write neatly.
6. Try your best.



Section A

25

1. Tick the correct answer for each question.

[5]

1.1 How should you behave with peers?

- ☐ Ignore them and focus on your own needs.
- ☐ Be respectful, kind, and considerate.
- ☐ Ignore them and pretend they don't exist.
- ☐ Demand respect from others.

1.2 Nation building means:

- ☐ building bigger houses for people.
- ☐ ignoring people's feelings.
- ☐ uniting a nation.
- ☐ moving the nation.



1.3 How should you deal with conflict?

- ☐ Shout at the other person.
- ☐ Walk away and ignore the situation.
- ☐ Remain calm and take the other person's opinion into consideration.
- ☐ Ignore everyone else, knowing that you are correct.

1.4 Caring for a pet properly means:

- ☐ always chaining them up or locking them away.
- ☐ ensuring that they have attention, vet care, food, and fresh water.
- ☐ giving them food and water.
- ☐ hitting them when they misbehave.

1.5 Gender based discrimination means:

- ☐ treating everybody the same.
- ☐ treating boys and girls differently.
- ☐ treating old people with respect.
- ☐ preferring one gender over the other gender.

2. Answer **true** or **false** for each of these statements. If the answer is **false**, make it true. [10]

- | | | |
|-------|---|------|
| 2.1 | You should ignore the best before date on food. | [2] |
| <hr/> | | |
| 2.2 | Only my religion should be respected. | [2]. |
| <hr/> | | |
| 2.3 | Mumps is a communicable disease. | [1] |
| <hr/> | | |
| 2.4 | Positive self-concept means not valuing your own abilities, interests, and potential. | [2] |
| <hr/> | | |
| 2.5 | Poisons should be clearly marked. | [1] |
| <hr/> | | |
| 2.6 | Sunbathing is healthy for your skin. | [2] |
| <hr/> | | |

3. Match the columns by drawing lines between the matching statements. [5]

HIV sufferers
Cuts and grazes
Drinking unclean water
Human Rights Day
Keep food

should be cleaned thoroughly.
away from flies.
deserve care and attention.
can cause disease.
is celebrated as a National Day in SA.

4. Choose the correct word to complete the sentences. [5]

National symbol	considerate	communicable diseases
myths	animals	conflict resolution
cultural responsibility	responsibility	place of safety

- 4.1 Rights should always be accompanied by _____.
- 4.2 The SPCA is a _____ for animals.
- 4.3 Our flag is a _____.
- 4.4 There are many discriminatory _____ surrounding HIV.
- 4.5 Babies and young children should be vaccinated to minimise most _____.

Section B

20

1. Countries have several national symbols. Discuss why countries have these. [4]



2. People who are different from the majority may be bullied. Describe how they should deal with this situation. [3]

3. It is important to work hygienically with food. [3x3=9]

Discuss this statement under the following headings:

3.1 Food preparation:

3.2 Food storage:

3.3 Food borne diseases:

4. Give three strategies to deal with moderate bleeding. [3]

5. What is stereotyping?

[1]

Section C

15

Read the following case study, and answer the questions that follow.

Jane and Lindi are best friends; they are both in Grade 6. They live quite close to each other, and Jane has often slept over at Lindi's house, but Lindi has never been to Jane's house. Each time Lindi suggests that they meet there, Jane seems to have a different excuse. Even Lindi's mother has commented that Jane seems very quiet and barely opens her mouth. This is not the Lindi that Jane knows. When they are alone, Jane always chats away and tells Lindi how she is going to move to another town as soon as she finishes school.

One afternoon, Lindi decided that she would surprise Jane. She arrived at her home without asking. Before she could knock, she heard shouting and banging inside the house. It was terrifying: Lindi was just about to run home when a tearful Jane burst out of the house. She was very surprised to see Lindi but just rushed past without saying a word. Lindi called after her, but Jane just kept running.

Eventually, Jane stopped and fell to the ground crying. Lindi put her arms around her friend and coaxed her to tell her what was happening. A very embarrassed Jane explained to her friend that she was so embarrassed and that was why she had made excuses not to invite Lindi to her house. She further explained that when her father had been drinking, he would hit out, shout, and swear at anybody in sight and that this had been happening more frequently since he had lost his job. Lindi felt sorry for Jane and told her that she would always be there to support; Jane could always come to Lindi's house.



1. What do you think the issue in Lindi's home is?

[2]

2. How do you think that Lindi feels about what is happening at home?

[2]

3. If you were Jane, what advice would you give to Lindi? [2]

4. Why do you think that Jane's father acts as he does? [2]

5. How do you think Lindi feels about the situation in Jane's home? [2]

6. What effects can gender-based violence and alcoholism have on personal and social relationships? [4]

7. Name one form of discrimination. [1]



Grade 6 Life Skills – November Examination **Answers****Section A****25**

1. Tick the correct answer for each question.

[5]

1.1 How should you behave with peers?

- ☐ Ignore them and focus on your own needs.
- ☒ Be respectful, kind, and considerate.
- ☐ Ignore them and pretend they don't exist.
- ☐ Demand respect from others.

1.2 Nation building means:

- ☐ building bigger houses for people.
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- ☐ moving the nation.

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- ☐ always chaining them up or locking them away.
- ☒ ensuring that they have attention, vet care, food, and fresh water.
- ☐ giving them food and water.
- ☐ hitting them when they misbehave.

1.5 Gender based discrimination means:

- ☐ treating everybody the same.
- ☐ treating boys and girls differently.
- ☐ treating old people with respect.
- ☒ preferring one gender over the other gender.



2. Answer **true** or **false** for each of these statements. If the answer is **false**, make it true. [10]

2.1 You should ignore the best before date on food. [2]

False. You should never ignore the best before date on food.

2.2 Only my religion should be respected. [2]

False. All religions should be respected.

2.3 Mumps is a communicable disease. [1]

True

2.4 Positive self-concept means not valuing your own abilities, interests, and potential. [2]

False. Positive self-concept does mean valuing your own abilities, interests, and potential.

2.5 Poisons should be clearly marked. [1]

True

2.6 Sunbathing is healthy for your skin. [2]

False. Sunbathing is harmful/damaging for your skin.

Match the columns by drawing lines between the matching statements. [5]

HIV sufferers	should be cleaned thoroughly.
Cuts and grazes	away from flies.
Drinking unclean water	deserve care and attention.
Human Rights Day	can cause disease.
Keep food	is celebrated as a National Day in SA.

4.1 Rights should always be accompanied by **responsibilities**.

4.2 The SPCA is a **place of safety** for animals.

4.3 Our flag is a **national symbol**.

4.4 There are many discriminatory **myths** surrounding HIV.

4.5 Babies and young children should be vaccinated to minimise most **communicable diseases**.

Section B**20**

1. Countries have several national symbols. Discuss why countries have these. [4]

Answers may vary. e.g. National symbols are the flag, coat of arms, national anthem, national animal, national flower, etc. Countries have these to unite the nation and to serve as a reference element to distinguish people from different countries. The symbols also represent a country's history, heritage, culture, and government. National symbols also bring a country together by reminding its people of their national principles and history.

2. People who are different from the majority may be bullied. Describe how they should deal with this situation. [3]

Answers may vary. e.g. Avoid the bully as much as possible. Seek help from a responsible adult who you trust. Speak with self-assurance and confidence to win over the bully with your strong, firm, courteous manner. Bullies try to isolate their prey, so maintain connections with faithful friends and supportive adults.

3. 3.1 Food preparation: [3x3=9]

Answers may vary. e.g. Wash hands and kitchen surfaces often with hot, soapy water. Ensure that you wash all fruits and vegetables before eating it. It is best to separate raw and cooked food; don't mix the two. Refrigerate cold foods to prevent bacteria growing. Clean up continuously. Use different chopping boards for different foods. Cover your mouth and nose when coughing or sneezing.

3.2 Food storage:

Answers may vary. e.g. Keep storage areas clean, dry, and free of pests. Use containers, covers, and packaging to protect food. Store food which can deteriorate in a fridge or freezer. Do not keep food too long as it can deteriorate. Use before the 'best before date'.

3.3 Food borne diseases:

Answers may vary. e.g. There are many foodborne diseases that can cause a wide range of illnesses, from diarrhoea to cancer, and can result from several forms of environmental contamination, including water, soil, and air as well as unsafe storage and processing of food. Keep the cooking area and surfaces clean to avoid diseases. Never leave food where flies or rodents have access to it.

4. Give three strategies to deal with moderate bleeding. [2]

Answers will vary. e.g. Apply pressure with a clean cloth until the bleeding stops. Elevate the wound above the heart to slow bleeding. Clean the wound. Apply a clean plaster or bandage.

5. What is stereotyping? [1]

Stereotyping is a generalisation or assumption made about a group of people.

Section C

15

1. What do you think the issue in Lindi's home is? [2]

The issue is alcoholism and violence – sexual violence and possibly child abuse.

2. How do you think that Lindi feels about what is happening at home? [2]

She could feel embarrassed, ashamed, resentful, uncertain, secretive, angry, scared, etc.

3. If you were Jane, what advice would you give to Lindi? [2]

Advice for Lindi could include: speaking up and tell her mother and father, when he is sober, how his behaviour makes her feel; seeking support from a trusted adult, relative or teacher.

4. Why do you think that Jane's father acts as he does? [2]

He might be acting as he does because he is a bully; he possibly drinks and acts out because of low self-esteem; he could be depressed and feel worthless, blaming his family for his situation; etc.

5. How do you think Lindi feels about the situation in Jane's home? [2]

Lindi might feel shocked; upset for her friend; uncertain of what to do.

6. What effects can gender-based violence and alcoholism have on personal and social relationships? [4]

It can break up families; cause insecurities in family members; create poverty; cause bodily harm to the people who are abused; emotion instability, lack of confidence or lack of emotion in the victims; avoidance of social interactions within the home environment; etc.

7. Name one form of discrimination. [1]

One of: gender-based discrimination; ageism; racial discrimination; etc.

Grand Total : 60